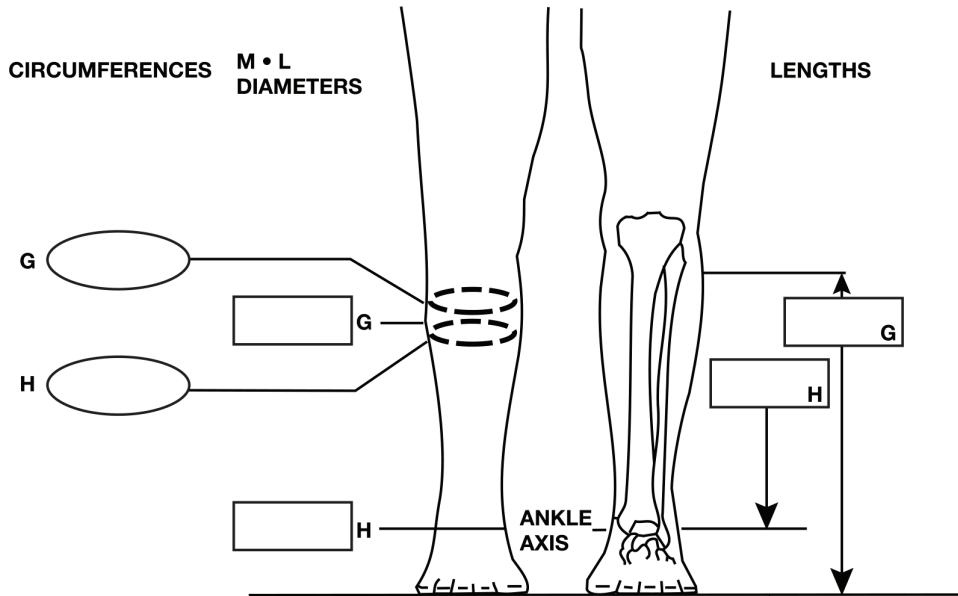


# ARO ORTHOMETRY FORM

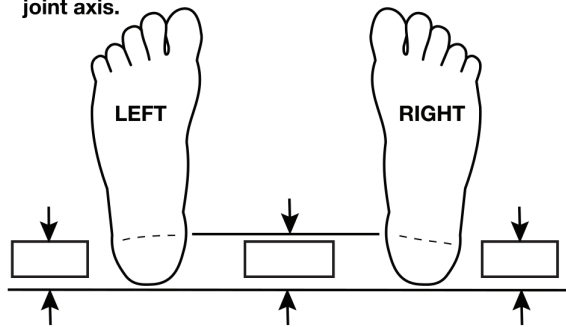
Today's Date: \_\_\_\_\_  
 Facility: \_\_\_\_\_  
 Street: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Orthotist: \_\_\_\_\_  
 Phone: \_\_\_\_\_

Patient: \_\_\_\_\_  
 Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Ht: \_\_\_\_\_ Wt: \_\_\_\_\_  
 Activity Level: \_\_\_\_\_  
 Diagnosis: \_\_\_\_\_  
 PO#: \_\_\_\_\_  
 Delivery Date: \_\_\_\_\_

MEASUREMENTS:  Inches  Centimeters



Please fill in the chart below if you want the orthosis to have external rotation of the ankle joint axis.



### Ankle

Varus  Valgus

Flexible  Rigid

Degrees: \_\_\_\_\_

Toe Out  Toe In

Medial Plane

Lateral Plane

Degrees: \_\_\_\_\_

Heel Height: \_\_\_\_\_

Additional Instructions: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

# ARO ORTHOMETRY FORM

## Modifications

- Keep Dorsi/Plantarflexion as casted
- Change to:
  - Dorsiflexion \_\_\_\_\_ degrees
  - Plantarflexion \_\_\_\_\_ degrees
- Keep Varus/Valgus as casted
- Change to:
  - Varus \_\_\_\_\_ degrees
  - Valgus \_\_\_\_\_ degrees

## Side

- Right Foot
- Left Foot

Please use separate form for each leg if bilateral.

## Height of Orthosis

- 9" High (Std)
- Custom Height \_\_\_\_\_ in.

## Plastic Shell Heel Design

- Solid Plastic
- Heel Cut Out
- Heel Cut Out w/ Full Plantar Surface

## Plastic Shell Trims

- Solid Ankle (over malleoli)
- Semi-Ridge (behind malleoli)
- As Marked

## Plastic Shell Material

- 1/8" Polypropylene
- 1/4" Polypropylene
- 3/16" Polypropylene

## Closures

- Laces w/ eyelets
- Laces w/ Velcro®
- Hook & Loop
- Eyelets w/ Hooks

## Leather Color

- Black
- Brown
- Tan/Taupe
- Bone

## Leather Weight

- Light
- Medium

## Footplate

- As Marked
- Full Length
- Sulcus
- 3/4

## Metatarsal Pads

- Standard
- None

## Postings

- None
  - Intrinsic
  - Extrinsic
- None
- Medial Heel
- Medial Forefoot
- Lateral Heel
- Lateral Forefoot

## Tongue Attachment

- Stitched Medially
- Stitched Laterally
- None

## Options

- Additional Plantar Padding
- Additional Ankle Padding Medially
- Additional Ankle Padding Laterally

Heel Height \_\_\_\_\_ in.

## Notes